

Kouign Amann

Baking Instruction Sheet



1. Remove Kouign Amann from box and place them over a greased jumbo muffin pan.



2. Cover Kouign Amann lightly with plastic wrap and thaw and proof for 6 to 8 hours at room temperature until double in size. Or, thaw Kouign Amann at room temperature and then place in a proof box for one hour at 84°F and 72% relative humidity. Brush with egg wash. Pre-heat oven to 350°F.



3. Bake Kouign Amann for 14 to 16 minutes until golden brown and puffed.